

The Guana Reserve Back to Nature Trail Runs

Sunday, December 5th, 2021

50K at 8:00 AM 2x25K Team at 10:00AM

12K Race at 1:00PM

Guana Tolomato Matanzas Estuarine Research Reserve

505 Guana River Road, off A1A in South Ponte Vedra Beach, FL (9.5 Miles south of Mickler's Landing)

Sponsored by JTC Running in association with 1st Place Sports

The Course

Consists of winding, wooded trails in the GTM Reserve. A true back to nature experience. The 50K Ultra solo will begin at 8:00AM. The 2x25K team event begins at 10:00AM. Teams can run together or as a relay, their choice; their times will be combined. The 12K will begin at 1:00PM

Awards

We are going green again this year, all finishers receive a great finisher shirt. All runners will receive a cool running hat. Plaques awarded two deep in each age group in 50K and 12K. Team plaques also go two deep.

Refreshments and Post Race Party/Awards

Water, GU hydration drink, GU gels, and snacks will be provided. **GU** is the Official supplement.

Post-race party/awards presentation will take place at The Reef Restaurant, 4100 Coastal Hwy., Just north of Vilano Beach (on A1A) from 3:00 to 5:00pm.

Entry Fees Sorry, there are no refunds

50K Ultra—\$40 (\$36 JTC Running Members), through Sept.30th, \$50 (\$46 JTC Running members), Oct. 1st-Nov. 30th. Race day entry \$60 (no discounts), **cash or check only** on race day. No guaranteed entries on race day.

50K Team- \$80 per team (\$72 if JTC Running members), through Sept.28th, \$90 per team (\$82 if JTC Running Members) Sept.29th-Nov.23rd. Race day entry \$120 per team (no discounts), **cash or check only** on race day.

Entry Fees Cont.

12K- \$30 (\$26 JTC Running members), through Sept.30th, \$40 (\$36 JTC Running Members), Oct. 1st - Nov.30th. Race Day entry \$50 (no discounts) **cash or check only** on race day.

Limited Participation

Due to the Environmental Sensitivity of the GTM Reserve, this event is limited to 125 participants per event. Enter as early as possible because there may not be space on race day. The event has sold out the last three years.

Parking

Parking in the Reserve is \$3.00 per vehicle. Use southern most entrance just north of the Exxon gas station.

Proceeds

Proceeds benefit: Friends of the GTM Research Reserve.

Packet Pickup

Race packet pickup day of the race only at start/finish area.

For More Information

For more information contact: Mark Ryan, Race Director 50K, at markryan.sawgrass@gmail.com or (904)338-3230, Franz Lerch, Race Director 12K at lerch01@comcast.net or (904) 790-0770.

SPONSORS



BECOME A JTC RUNNING MEMBER

Founded in October 1975, JTC Running is Northeast Florida's preeminent promoter of healthy lifestyles through running, fitness, and fellowship. It is both a social club with several varying events per year and a philanthropic organization that seeks to benefit runners of all types.

THE VALUE OF MEMBERSHIP

JTC Running Membership Includes:

- A subscription to "The Starting Line" our bimonthly newsletter about the club, events, and running information.
- Discounted entry fees at most JTC Running events (Gate River Run, Summer & Winter Beaches, etc.)
- JTC Running apparel at a nice price.
- Social events— A couple of times a year we have non-running casual gatherings.
- Local training runs—many of which have running mentors.
- Discounts on merchandise at many sports stores and other stores in Jacksonville area see the website for a complete list:

	Back to Nature Trail Runs Official Entry Form December 5th, 2021															Official Use Only						
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I know that running a road race is a potentially hazardous activity which could cause injury or death. I should not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official reality to any assect of my participation in this event, including but not limited to falls, contact with other participants of the extent including but not limited to falls, contact with other participants of the extent including but not limited to falls, contact with other participants of the extent including but not limited to falls, contact with other participants of the extent including but not limited to falls, contact with other participants of the extent including but not limited to falls, contact with other participants of the extent including but not limited to falls, contact with other participants of the extent including but not limited to falls, contact with other participants of the extent participant of the extent participants of the extent participant participant participants of the extent participant participant participants of the extent participant participant participant participants of the extent participant partic																						
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